

*You anoint my head with oil. . .*

Philip Keller talks extensively in this chapter about the oil that is placed on the sheep to protect them from pest like flies and from diseases like the spreading of “scabs.” He expresses how in our Christian life the Lord gives us the Holy Spirit which is the oil of anointing. The third person of the trinity, the Holy Spirit, is the One who was promised to the disciples right before Jesus crucifixion (John 16) and right before His ascension (Luke 24:44-49). He indwells all believers.

In scripture the meaning of the oil is not a difficult matter to understand. A quick word study through the Bible will suffice. The oil quite typically represents the anointing of the Holy Spirit. The scriptures tell of the oil of gladness and the oil of anointing of God's Presence. The Old Testament scriptures showcase the oil of anointing for priests and kings. Throughout the Bible we also see the oil for the lamps which brings the Light of God's illumination.

In the Parable of the Ten Virgins, Jesus shared about this same concept. Poetically the Word and Light of God is in this parable as "a lamp unto our feet" to help guide us along the pathway when the hours of darkness come. Read Matthew 25:1-13 and write below the correspondences you see between the oil of the lamps the virgins carried and what you know of from the Holy Spirit.

**Grieving and Quenching the Holy Spirit**

Take a moment to look up the following Scriptures in preparation of our discussion on grieving and quenching the Holy Spirit.

*The gift of the Holy Spirit:* Romans 8:9; Ephesians 1:13

*The grieving of the Holy Spirit:* Ephesians 4:29-32

*The quenching of the Holy Spirit:* 1 Thessalonians 5:16-21

### Understanding More About The Holy Spirit

God's Holy Spirit energizes the body, enlightens the mind and inflames passion within us to devote ourselves to love and obey God.

#### Who is the Holy Spirit?

- A person of the Trinity
- A promise of the Father
- A gift to every believer

#### Why did God send the Holy Spirit?

- To enable us to do the work God has called us to
- To enable us to live a holy life

#### To follow the Holy Spirit, we need to:

- Recognize our need for Him
- Rely on Him
- Trust Him

#### What is a holy life?

- The holy life is one submitted to Jesus Christ, with both hunger and thirst to live for Him.

#### There are two lifestyles we can have:

- Life in the flesh
- Life in the Spirit

#### The Work of the Holy Spirit:

- Convicts us of sin
- Regenerates us
- Indwells us
- Seals us forever as children of God
- Is our teacher
- Reminds us of things when we need them
- Is our guide
- Reveals truth
- Comforts us
- Gives us spiritual gifts
- Bears fruit through us
- Empowers us